



Club House Newsletter

March 2018

Don't know about you guys but it seems that the month of February went so fast. We had a busy month.

Parent Discussion Night -Our next parent discussion night will be in April

Pancake breakfast -Thank you for coming to have breakfast with your child and teachers. It was a big success.

Bears- Outside the children have been looking for worms and making their own mud for cakes and pies. They also picked lemons from our tree and made lemonade that we used for our lemonade stand. Some children made the lemonade while others made tickets and passed them around. Inside some have been building with wooden blocks, while others chose to play with babies or dress up.

Cubs- They made lemonade and enjoyed drinking it. They also made butter for the Parent Pancake Breakfast. Outside they enjoy playing soccer, playing in the playhouse, and riding tricycles. Inside the children have been playing with My Little Ponies, and dress up. Their favorite book was *Wheels on the bus*. Their favorite song is *A Ram Sam Sam*.

Breakfast - Starting March 5th breakfast will be served 7:15- 7:45. If you would like your child have breakfast with us they need to arrive before 7:45.

Boost-In February we talked about the "unexpected" and being "flexible" We teach children that sometimes things don't go as planned and when this happens we can be flexible, adjust our plan and still feel happy. When we teach children to be flexible we are also teaching them emotional regulation. This is a great skill for all children (and adults) to have in social situations. We also talked about "thinking thoughts" social thinking is all about thoughts. We all have thoughts in our brain that no one can see. We must talk about them in order to interact with others. Knowing our own thoughts and the thoughts of others is needed to form friendships and play with others. We read books with thought bubbles stickers and talked with the children about what we think the characters are thinking about. In *The Very Busy Spider* , we all agree she is thinking about spinning her web and catching a fly. In other books, we had to make a smart guess about what was in the character's thought bubble.

REMINDER-Parents please check your child's cubbies everyday for art and dirty clothes.

If you ever have any questions or concerns about our program please feel free to reach out. We are also available to help with parenting questions.